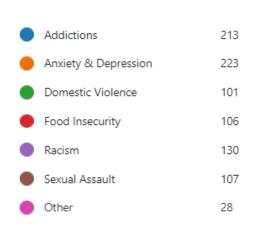
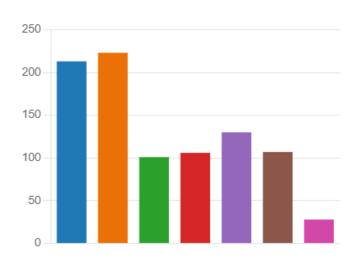
United Way Estevan is in the process of developing a **Community Impact Strategy** that will be used to ensure that community resources shared through United Way Estevan are used most effectively in our community. Part of this process is a **Community Impact Survey** that will help gather information on underlying issues and needs in our community. The survey was shared from September 2022 through to March 2023. This is a summary of the 362 responses. In most cases exact wording of responses is used, although not all duplicate responses have been included.

Questions 1 & 2:

Social issues are issues that adversely affect the well-being of many people in a community. What do you believe to be the social issues that **most urgently** need to be addressed in our community? You may select more than one issue.

More Details





Responses to "Other" (last column) have been organized into the following categories:

Poverty

- Poverty is very much overlooked in Estevan due to the abundance of high paying jobs. Many people living in poverty lack the ability to work the higher paying jobs whether it be physically or mentally unable to perform these jobs.
- Stigma associated with low income.

Housing

- There is an increasing need for housing. Whether it be for a short-term stay or shelter-type situation. Some place where people can go to for assistance to get help to relieve the stressors of not having somewhere to sleep at night.
- Short-term homelessness due to a lack of affordable housing options for low-income individuals/families.

Medical Care

- High doctor turnover. Difficult to see a GP. Hospital staffing shortages.
- Medical Services

Transportation

• Public transportation to Regina.

Violence/Bullies/Social Interaction Violence

- People verbally harassing others based on sexual orientation Homophobia, Transphobia
- Rape is an issue.
- A lot of people bullying or being mean to people.

Families & Youth

- Affordable childcare & Family Support
- Lack of resources for families who have children with diverse needs. Example, autism therapy programs.
- Youth Mental Health
- Estevan has a high percentage of elderly, we don't have enough services available.

Question 3: What do you understand to be the underlying causes of the social issues in the community of Estevan? For example, a lack of available employment may lead to food insecurity in a community.

Responses have been organized into the following categories:

- Economics/Job Availability/Food Insecurity
- Mental Health
- Education/Awareness
- Access/Availability
- Others

Economics/Job Availability/Food Insecurity

- Definitely the uncertainty of jobs now and in the near future in our community.
- The stress and uncertainty of 2030 coming up and the federal government shutting down coal and power production from coal, with thousands of jobs in the balance.
- Rising costs equate to food insecurity and being able to make ends meet.
- Household food insecurity is the inability to purchase enough food due to financial constraint.
 People who are food insecure experience other material deprivation that aren't addressed by food.
 They can't access medications, clothing, transportation, etc. There is also an association to poor health which can make it hard to work.
- Rising costs are making it hard to buy anything and it becomes a choice of food or rent or medications.

- Estevan was always a rich town with lots of jobs but it has changed. Many of the jobs are low paying, or gone. Housing prices have plummeted leaving people who thought they had a plan without one. Oil and gas have changed, SaskPower is downsizing leaving people scared for the future.
- Financial downturn can exacerbate domestic violence.
- Lack of living wage jobs.
- I think some people don't know how to get back to where they were a few years back. Not willing to take jobs that they don't feel suite them. Some have now gotten into addictions.
- Some of the underlying causes of the social issues include: -Low minimum wage may lead to
 financial stress causing depression, anxiety and leading to addictions. -Prices for food, gas and pretty
 much everything also leads to financial stress which causes depression, anxiety and addictions, food
 insecurities.
- Food Insecurity Unstable/intermittent employment can negatively impact a family's ability to plan ahead and get everything they need. When coupled with having to care for multiple children, blended families and/or family breakdown it can cause more stress and less resources.
- A lack of safe affordable temporary housing for those in need leads to further mental heal and addictions issues within the community.
- Inflation. Employment. Covid payments allowed people to become complacent and many don't feel they need to work. Kids suffer
- Employment opportunities need to be broader, educational opportunities need to be broader. These types of things lead to insecurities.
- People struggling to pay bills, rent, groceries, etc.... too stressed to deal with kids and their own mental health.
- A lack of employees.
- Industry volatility with oil and energy sector being the large portion of employment opportunities.
- Lack of employment, cost of inflation keeps rising which causes more expenses in utilities, healthy groceries/meals, lack of resources for those with addictions such as gambling, all may also revolve around underlying mental illnesses.
- Inconsistency of work can lead to a transient community as well as anxiety and depression. A roller coaster of emotions causes an individual to seek substance abuse which can result in addictions.
- I think it's important to make sure that everyone has food to prepare or cook and put on the table for their family.
- Right now there is a lot of tension and panic within the community about the potential for a lot peoples jobs to not exist anymore if that coal and oil plants are going to be shut down.

Mental Health

- Covid effects on youth impact depression and anxiety.
- Anxiety & Depression There have been a lot of "unprecedented times" recently and I that we are starting to see the impacts of that on peoples lives and their mental health. People who were just trying to survive through the pandemic etc. are now acknowledging the effect it's had on them and their coping strategies. Mental health needs seem to be higher for youth and adults alike.
- A lack of mental health support.
- Lack of support and services for children including from a mental health perspective.
- No mental health services for youth. Waiting times are much too long.

- Coming out of the pandemic I believe there is a lot of people with Anxiety/depression who are coping with these by way of alcohol or drug use. There needs to be more connections and places for people to connect in a safe environment.
- Lack of support and acceptance for mental health issues
- Abuse in the families.
- Bullying
- Anxiety and depression are common because of localized bullying and stress.
- Lack of support for mental health and wellness.
- Everyone knows everyone so if you mess up the whole town knows who you are. it puts a bad picture on you and your reputation is pretty much ruined. This can cause many insecurities and illnesses such as depression.

Education/Awareness

- Lack of knowledge and understanding of addictions and how to get help. Mental illness is the biggest cause of addictions, but most people believe it is a choice. Looking down on people who can't afford what others have.
- Racism stems from a lack of proper education.
- Lack of knowledge and discipline seems to be the problem that causes these problems.
- The lack of parenting.
- Newcomers have a difficult time because of English being their second language. They have a hard time fitting in to the community and finding jobs which causes anxiety, depression, food insecurities, and racism.
- Addictions and substance abuse appear to lead to a lot of social problems and issues amongst both youth and adults. More supports and resources may be beneficial, further education regarding substance use.
- Not knowing where help is.
- Lack of diversity causes forms of racism, depression, anxiety.
- Stigma and prejudice around minority/diverse groups that may lead to unemployment, isolation, and/or poverty.
- There isn't enough people saying that it's wrong to be racist.
- People might not know where to go to find support.
- People aren't aware about the resources/access they have in their community.
- Not enough education about sexual assault and domestic violence- not enough known and available resources.
- Lack of knowledge and cultural awareness. Ignorance for other cultures that are clearly present in this community.
- Lack of exposure to other societies and religions.
- Older people not having been taught about the social issues in school like younger people have therefore don't have as good of an understanding because they were raised believing that it's normal.
- Lack of education of important topics. Not teaching children how to deal with emotions and not teaching them how to deal with other societal problems.
- A lack of understanding of other people and/or not caring about them.

Access/Availability

- Lack of access or availability to both doctors and mental health, they go hand in hand. Wait lists are long. The same with addictions.
- There are no domestic violence shelters closer than Regina. This is an issue and there's little access to resources here.
- Social Service programming changes have cut a lot of support.
- Addictions is hard to treated and is a cycle that is hard to break. Better tools are needed to keep people safe when they choose to use.
- Lack of medical resources for persons/families.
- Lack of mental health resources and personnel.
- Not enough detox beds and help for when an addict wants to quit. Time is of the essence.
- People don't have the help they need in schools, 2 counselors for 700 kids isn't enough.
- Lack of resources. I've waited over an entire year for counselling services and I still have not been able to get in and can't afford to pay for them on my own even though I contribute tax money to the healthcare system every pay check.

Others:

- Judgement from others, lack of support from peers, family, or caregivers. Not feeling safe in public places or at home from previous experiences.
- Teenagers are easily able to acquire drugs and vapes.
- Lack of good pay. Unresolved Bias. Inequality between genders.
- I believe that the lack of holding people accountable for sexual assault, racism, etc is part of a huge problem that leads way to more issues.
- Lack of jobs for people with special needs.
- There is a long-standing culture of drug use in our community. Historically linked to the oilfield community. Working long hours and making lots of money
- Parents not parenting their children correctly leads to people doing dumb things and hurtful things.
- Mostly generational racism, white bigot adults making white bigot kids and never striving for change because of what they were raised to believe. Similar with domestic violence, most of it is generational trauma.
- Racism, it's impressive how much you hear the r slur from white people especially in school.
- I think one cause is the availability of drugs to minors.
- People who have disabilities or who are homeless need places to stay and be cared for so like a shelter or nursing homes.
- I feel like, while we are actively trying to deal with some of these issues, there is an underlying feeling that asking for help is wrong. I feel like people don't think, or don't know that needing help mentally or needing help dealing with an addiction isn't something they should feel ashamed of. The pandemic definitely didn't help the depression and anxiety part of this either, but for the most part I think it's people not feeling like they're allowed to get help.
- A lot of people are too afraid of reporting bullying because that may make them a target of more bullying.

Question 4: What information do you think may need to be gathered to better understand the underlying causes of social issues in Estevan?

- Possibility of contacting Social Service to future identify these issues in our community.
- Info from social workers, physiologists, addiction centres, physicians.
- Finding out more about how many people have gone through the treatment center since opening? How many have left without fulfilling the program? How many stayed in Estevan after the program? One they leave the program where they offered support if they didn't complete it and if so, how many accepted it. Is there a waiting list to get in the treatment center? What agencies in Estevan also provide addictions support? Where do people get support for mental health issues?
- What are the barriers to employment?
- Reaching out to the youth centre to gather information on what issues they are facing when it comes to addiction and mental health.
- Statistics from counselling/mental health organizations and police to see what presenting and underlying issues are present to those that are seeking help. Statistics/discussion with schools (teachers/counsellors) to see what trends they are noticing with youth.
- Statistics from agencies, local services, etc (Anonymous information on who's using eBay services, age ranges, etc)
- Interagency meetings. Communication with other service providers. police. housing.
- Speaking to individuals who are experiencing or have experienced these issues. Listening to their stories and what lead them to experiencing any issues may help to learn where changes can be made.
- Accessing the local organizations who offer supports for people experiencing social issues and learning from them what else could help those in need."
- Information on the number of times lack of housing/temporary homelessness are brought forth to different agencies with individuals requesting assistance (ie. police).
- Inquire with Victim Services, Addictions ward, psych ward as hospital. See if banks can tell you about foreclosure actions anonymously.
- Services gaps.. could do some focus groups.
- A true survey of needs and struggles in families
- I think surveying the youth within the community is a good start. Coming out of a lock down, it is noticeable that youth and even adults do have a hard time with positive social interaction. Surveying for personal interests in order to see what leisure activities could be provided as well as what leisure activities could be promoted that are already available may help provide stimulus for social interaction without relying on socializing in an environment that can lead to the use of alcohol or other substances.
- Information on how we can better educate community members on the systemic/social issues that we are seeing within our community and how we can work together to address them and close gaps.
- Real conversations with real people.
- Ask people about what they have witnessed about racism.
- How different families feel about their lives in Estevan and what might be causing any problems with their lives.
- The amount of abusive homes.

- Amount of abusive or careless parents.
- We need to understand people's mindsets and work towards changing things. Estevan is very toxic in a lot of ways and we could do so much better. We need mutual understandings and less judgement. We have a community that thinks things should only be one way and people should only act in one way and if you fall outside of that you are persecuted for it.
- Maybe a survey for the entire community with a list of problems where they answer what they are struggling with most.
- Others perspectives.
- We might have to talk to some of the people that feel this way and find out what could be done for them or what they want to be done.
- Know how social issues escalate quickly. Understand the cause and stop it.
- Maybe like drug usage can affect social issues.
- Find out who sells the products that gets people addicted.
- Educate the masses about the hardship and prejudice immigrants face in a foreign country.
- You may need to gather the statistics of teens and adults that have addictions in society today.
- I think we could send mail or emails to citizens of the community so they could send it what they believe social issues in our community are and then we could come up with solutions of the priority issues.
- How many kids in the school have experienced racism, bullying, and sexual harrasment in the school.
- How many people have an addiction, what's the most common age group, why they started.
- This survey will definitely help to be able to understand what social issues can cause and harm.
- You need to know how many people do struggle with mental health problems.
- Some information we may need could be why are these social issues happening and what is the cause.
- How others can help someone or people who are struggling with any of these social issues.
- Demographic info.
- Are addicts/users employed? In what industry?
- What is the home situation like?
- Are finances a worry? "
- Interviewing people who are victim to such social issues.
- How to get help and fix addictions, where you can go for help and recovery
- You could ask people to name the support systems they have like helpline, family, friends, and other community members.
- How people are being taught about others at home.
- I'm not to sure, but I'd say talking to people in rehab, or sending out a survey to ask people about how they are doing mentally or about if they're struggling with any addictions would help.
- Regular conversation with kids and teenagers for information.
- To understand more of Estevan's problems, you should promote being vocal about opinions.
- Why exactly the person is bullying that person.
- Surveys of how many people use/abuse substances and how often. Surveys of attitudes towards substance and substance abuse.
- I feel that the community requires an opportunity to express their feelings and thoughts to get the appropriate information.
- I believe that it is known that these are issues we are facing in Estevan, but there is a lack of knowledge, education, understanding and compassion.

- Bring on a questionnaire on social issues in your community and how that could change.
- Focus groups of those who access services like Envision, Mental Health and Addictions, Food Bank, Southeast Advocates for Employment, Southeast Newcomer Services, Estevan Housing Authority etc. to see how and where there are gaps.
- Talk to the kids more, not at them.
- Issues facing lowest earners or those who are homemakers, issues with disproportionate raise of
 wages vs. rise of food, gasoline, medicine, and housing costs, impact of lack of social support for
 partners who are in violent relationships (especially with children), positive impact a transition home
 would have in community,
- Criteria necessary to apply for social assistance. There are many jobs available in Estevan, for some going on social assistance is easier; from this kid's struggle. It creates a systemic problem that becomes repetitive throughout generations. Kids learn from those closest to them what their 'norm' should be.
- The available services for people who are experiencing food insecurity, and mental health issues. Additionally, providing information around how to access these resources is paramount. Often time its more of matter of providing the how (to get resources), and not the what (resources are available).
- Employment to income ratio.
- Hours worked per week compared to job numbers, wage, number of children under 18.
- Data on the working poor.
- Demographic information about unemployment, reasons for unemployment, etc.
- Perhaps Social Services has stats of how many people they are providing temporary lodging for.
- Continuing to work with your member agencies to hear from service users in their own words why they would choose to access a service or why they may have chosen NOT to access a service. Stigma remains a huge reason why people would rather go without then be viewed negatively by their community. This can be a perception, not a reality, but the perception alone can keep people away.
- I think that Statscan can be more of a use in our community, as well as continuing to work with emergency services, healthcare, the municipality, etc. to gather realistic information about what is happening repetitively.
- UW could be more visible and approachable throughout the year other than during fund raising campaigns.
- EPS statistics on these issues.
- Talk to the politicians and the mines representation along with power.
- We need to ask a survey from all residents in Estevan through any medium such as social media, through our website and word of mouth.
- Reaching out to provincial and federal governments on how a community can transition not only it's
 workforce, but it's people and culture in the wake of regulation changes affecting their way of living.
- Possibly a survey seeing how much more money is spent on groceries per month, compared to how much of a monthly wage is being earned.
- Surveys at various public spaces, e.g. attending a public program at the library or the Family Centre to talk to people and learn more about them there. Free programs tend to draw out people who want to do things in the community, so you would have access to a wide audience to survey.
- Addiction percentage in the population, as compared to other similar cities.

Question 5: Are there gaps in the services that support those most in need in Estevan? If so, what gaps can you identify?

Responses have been organized into the following categories:

- Transportation
- Short-term Housing/Shelter
- Access to Mental Health/Addictions/Medical Services
- Youth Services
- Others

Transportation

- Transportation especially for the elderly is a concern for out of town appointments.
- Transportation to a medical appointment, to pick up prescriptions or to even just go shopping is huge for people living in poverty.
- Transportation, both within Estevan and connecting to Weyburn / Regina.
- Absolutely transportation outside of the city!
- A bus service would be great.
- Definitely transportation and delivery services.
- Transportation for services outside of Estevan AND inside of Estevan especially in winter.
- I do believe the transportation issue is very big at this time, once again just this week I was approached about this.
- I know that Smile vans are available for in town transportation, but I don't know what if anything is available to assist those of limited means who need to travel to Regina for medical appointments.
- Lack of transportation like city buses. Not all people in Estevan have a car.
- Maybe more transportation for those who need it.
- Need to connect with families who are traveling 2 hours each way to access services that are unavailable in our community.
- We need a transit system to get people safely and affordably where they need to go for food, shelter, and emergency services.
- More convenient public transport would certainly help.
- The dissolution of the provincial bus system had a major impact on individuals/seniors with appointments in Regina.
- There is a need for transport for those in need of services not in Estevan. I do wonder if there is a business case for a private company to handle this need?
- Large gap in transportation for people without a vehicle/licence that need groceries or to travel to larger cities for medical appointments.
- I also feel that transportation is a huge issue. The issue is both around our community as well as transportation to and from other communities, such as Weyburn and Regina.
- In Manitoba, the health region coordinates volunteers to drive that work for a minimal fee.
- Public transportation is heavily lacking for those who cannot drive.

Short-term Housing/Shelter

- There are NO violence shelters, sexual assault is often not taken seriously or people are scared to come forward due to lack of access and care.
- Yes, there are gaps in services to support those needing a place to stay for a short time in Estevan.
 Other communities have homeless shelters available year round and provide people with the opportunity to get themselves connected to supports/housing
- Transportation, shelters for the homeless
- Transportation for the elderly for appointments is a concern.
- Public transportation, bus fares are way cheaper than taxi cab fees, low income/ families struggling could get around better to better provide for their family. If a low income family only has one veh. and that veh. is used by the primary provider, the other person may not have a way of getting to a place of employment or to essential services. Cabs aren't always the answer,
- Support for people needing treatments or appointments in Regina and having no ability for transportation except family and friends. People cannot even get to Regina for air travel. If you cannot drive, you have very little independence.
- Transport is a huge barrier in Estevan. Particularly for "non-urgent" but vitally important medical trips. For example, someone needs an ECHO to study their heart but this can only be done in Regina. Without access to transport (and often without access to social relationships that can support this need) people are forced to go without and their health suffers. This can even impact more simple tasks like regular access to fresh groceries. Instead shopping monthly for less nutritional items with a longer shelf life because that's the only time someone can take them to the store.
- Short term housing support for those experiencing eviction or leaving an unhealthy domestic situation.
- A safe place for people suffering from domestic violence.

Access to Mental Health/Addictions/Medical Services

- Mental health services for those who do not have access.
- Yes. Long wait lists for things like addictions, mental health care, medical care.
- Faster access to health care. Not being denied entry at ER. Access to medicine. Wellness checks for addicts. Envision does a wonderful job to support the community.
- Easier accessible medical equipment and services.
- More support for anxiety and depression. This community has come a long way but still seems to treat it as a joke. The wait time to get help is ridiculous.
- Mental Health help has a waiting list to help anyone.
- Yes counselling for sure! It's shameful in ways that we say mental health is just as important as physical health but then continue to have no real support for people who struggle. It's hard enough for those people to ask for help and then be given little to no solution every time they're brave enough to reach out.
- Access to mental health counsellors We need more of them.
- We need a youth Mental Health facility with helps and support.
- Not enough qualified youth mental health workers. Can't get mental health support in Estevan. Must travel to Regina. I am not referring to just counsellors. We need properly trained and qualified people. Child psychiatrists, child psychologists, counselors trained in behavioral therapy, etc. Even the school counselors are overwhelmed and they cannot keep up with demand

- Local Medical Professionals. Estevan has been a revolving door of doctors for many years and has a hard time with retention. For me personally, my daughters don't have a family doctor because every time one opens up to new patients they end up leaving soon thereafter.
- Service wait time. The months to a full year to see any service provider Mental Health. Specialist. Family dr. Create more issues.
- Access addiction services immediately and not waiting for days weeks or months.
- Lack of easily accessible healthcare in Estevan, lack of family doctors.
- Need for mental health; the waiting list is insane.
- Not a lot of resources for counseling- not a lot of resources or information about how to get help in domestic violence situations.
- I think more addiction help, that seems to be a large problem
- Mental health and addiction services are not always easy to be connected with due to wait times.
- In regards to mental health services in Estevan, I do believe there is a large deficit in services available as well as staff turnover. It's hard for people to have to connect with counselors let alone re-connect and reshare personal information when there is staff turnover. Often times families are only given a handful of sessions and then dismissed due to excessively long wait lists. Having said this, if families were more educated on being able to support their children maybe there wouldn't be so many looking for services elsewhere. It's hard for parents to admit this, however.

Youth Services

- A building where teenagers have activities to do. A building that could include a skateboard park or a mini put section or a batting cage etc.
- Services for youth that don't focus on sports, but assist with life skills and peer relationship building outside of school hours. OR expanding existing ones so that they are more accessible.
- Foster care homes for youth, even if it's just for a short time, for families to gain access to whatever counselling services they require.
- A youth group home for troubled kids. As far as I know Regina is the closest.
- Anonymous help such as if a kid who's dealing with abusive parents they can reach out and not be scared that the person whom they speak too will rat them out to the parents because that's usually the case when kids in these situations reach out!
- We're finding there isn't enough childcare in Estevan. Older kids, that need little to no supervision are taking spots in day homes (because their younger siblings go there), and their parents don't have another safe place for them to go, before or after school, while they're working. These older kids take spots so that new families, with young kids, can't get in. To put multiple kids in a day home is expensive as well, so having a free before and after school program, would help families out financially as well.
- Shelter and resources specific to youth ages 12-18.
- Maybe not sure again there is a lot of this stuff with teens who don't know how to ask for help when their parents already refused to help.
- There isn't enough counselors for students in a school, they have their hands full.

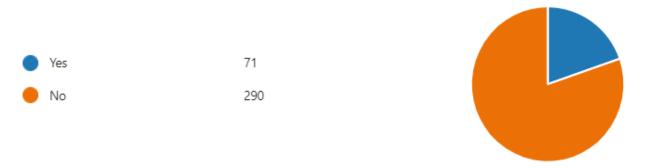
Others

- Pre/post natal support in person, with Covid most in person support seemed to disappear.
- Advocacy for more services in Estevan for special education, for supports for those in financial need.
- Access to a computer in order to seek out online help in a safe secure location vs public Wi-Fi.
 having somebody assist with budgeting, making their funds last can be very difficult on social
 assistance.
- Financial check ups for low incomes how to apply for identification, how to get a SIN, how to do taxes.
- A need for day programs and relief for families caring for elderly or persons with a disability. Current the day program in Estevan does not offer bathing or any personal hygiene support.
- A food bank that is open all the time.
- For food. Places that help barely help. And domestic abuse survivors are not able to get financial help to leave unless the abuse is physical. There should be resources available no matter the type of abuse.
- Professional employment guidance.
- Supports for schools dealing with chronic attendance issues as well as families accessing family support as well as Mental Health support Services.
- Support and access to education for more lucrative jobs to reduce the number of jobs people need to support themselves and or families.
- Lack of affordable housing; lack of affordable childcare; lack of transportation.
- Financial literacy is an area that is often not supported enough and places families in jeopardy.

Question 6:

Are you aware of 211 or 211.ca as a source of information for services in your community?

More Details



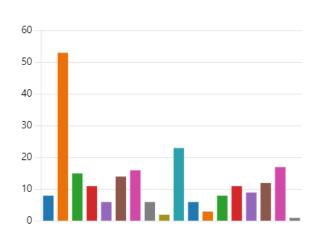
Note: 211 Saskatchewan is a United Way initiative that supports those in need with a database of over 6,000 community, social, non-clinical health, and government services across our province that can be accessed by either calling 2-1-1 or accessing <u>211.ca</u> online.

Question 7:

What supports or services do you believe would help everyone in our community reach their full potential?

Responses have been collated into the following categories:





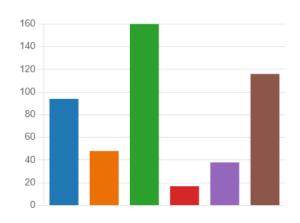
- Volunteering more.
- Don't hide the fact that these issues exist and try to bring them to light.
- Financial help to access services.
- Making affordable housing easier to access through Sask Housing
- Online mental health services can be a stumbling block for some people. Services that focus on prevention efforts and give people the tools to succeed before they need them.
- Having a central organization that is coordinating all of these things is paramount for success.
- I'm not sure what this means but I'll go on a whim and say that undying support from the government and businesses would really help because they're big influences and their support could persuade people.
- Big Brother / Big Sister
- Further PACT funding.
- It would be great if all available services had a stronger working relationship. Safety, health, and education all worked together to support the community.

Questions 8:

Which of the following best describe you? (You may choose more than one.)

More Details





Question 9: We welcome your comments and questions. If you have anything else to add, please do so here.

- We need more people getting out into the community and giving back to those who need the most help. Most people build higher fences instead of longer tables.
- Could the community (not necessarily United Way) advocate for improved social assistance or Assured Income for Disabilities?
- I appreciate the work a committee is putting in to make sure Estevan survive. I believe Estevan can become something different than it has been in the past and can thrive for generations to come but only if we are intentional about it.
- I feel like with myself being new to the community it is hard to comment thus far, especially with the last two years having a pandemic focus. However, any sort of community opportunities that can be affordable for many to attend in order to have people develop positive social interaction actions in a substance free environment would go a long way in creating a sense of belonging for many which could result in a lower percentage of people experiencing mental health issues.
- Addressing problems and not just telling people you shouldn't do something. (ex. racism, sexual assault, addiction) Telling people to or not to do something doesn't help and scaring them causes them to do it behind your back. Start explaining at younger ages why we shouldn't do these things and that they do happen.
- I think our community is a strong and confident community with many fun and loving people, but we
 don't always see a good side of people, but I honestly believe are community has a good chance of
 success.
- Most people think there is lots of money everywhere. There are more people hurting for money in this community.
- Bringing out workshops on mental, emotional, physical and spiritual balances. These workshops bring the balance to body, mind, and spirit.
- City of Saskatoon has a Council on Aging that allows for insight and targeted advocacy to meet the goal of positive aging and creating an age-friendly community.
- Anything that supports the healthy development of young families.